

Angel Love

Vol. 1: Love

By
JOSEPH Holmes
@jmmlove



Kind Words

** Thank you, Joseph, for introducing me to Mary Magdalene (Maggie). You opened my eyes and I now understand so much more about Jesus, Mother Mary and Maggie. ---Claudia O., USA*

** I love your words, Joseph. They bring a freshness to my life. ---Gina, Taiwan*

** Joseph, Maggie and you have written a magnificent book! It will be my companion at four in the morning from now on. ---Claudia, USA*

** Each Love Note shows us different ways we can live our life authentically and joyfully. ---Sally Joy, USA*

** I'm not that experienced with poetry so I appreciated the commentary that Joseph uses after each individual poem! It's wonderful how he teaches full life lessons on the most important subject which is to love yourself which is Source and to allow every imaginable good into your life and life can be really simple because its all about loving yourself and others which includes being a channel of blessing...!!!! ---Lynette, North Carolina, USA*

** ...through our life experiences and influences from childhood, we have forgotten that we are Source. By understanding that about ourselves and knowing that the universe works with us, our planet would undergo a magical consciousness shift with empowered human beings. Thank you Joseph for sharing Maggie's love notes and doing your part to empower the world. ---Milena, Australia*

** The reader with an open mind will benefit from the knowledge and wisdom that, expressed by wise sages of history, is once again is expressed in the Love Notes Joseph has recorded. If followed, Love Notes give the reader a path to follow for a more fulfilling, loving life. ---Dean Moorhead, Missouri, USA*

** ...listen to your Heart, and allow Maggie to come into your Heart and allow Love over fear. (Joseph) gives you a real sense of Love and Light and the source of energy flowing through you. ---Pat Bauer, Pennsylvania, USA*

Angel Love

Vol. 1

Love

By

JOSEPH Holmes

@jmmlove

TABLE OF CONTENTS

TABLE OF CONTENTS

The Holy Instant

Shame

My Love

Listen

Tolerance

Susceptible

Bliss

Sanity

Society

Solace

Gifts

Whispers

Rejection

Abuse

Betrayal

Happiness

Joy

Stigma

Frustration

Heart

Soul

Meet Joseph @jmmlove

The Holy Instant

My Love, each and every Holy Instant
is a Force that is forever constant;
A Force that will lift me up
and from my plate forever sup.

Interpretation:

Know that your angels are forever around you, guiding you.
Once you are aware of them you will be more aware that
life happens for you.

[Return to TOC](#)

Shame

My Love, this shame that pervades your being
keeps you from seeing
with your heart
the Road to Rome you must start.

Interpretation:

Each moment we have a choice: to live from Love or
F.E.A.R.* If you choose fear (shame, etc.) it's very
difficult to hear your angels (intuition/direct communication)
and the result is confusion and procrastination.

*False Evidence Appearing Real

[Return to TOC](#)

My Love

My Love, these Love Notes For Your Soul
will move along just fine, so truly know
that it is your Story
that is befitting of my Glory.

Interpretation:

Your story is your purpose. Don't get caught up in
"Success Porn" (image quotes, self-help, biographies, etc.).
It's wonderful to be inspired but inspiration without action
is procrastination.

[Return to TOC](#)

Listen

My Love, surrender your will
and insist that your mind be still,
then listen to what I say
each and every day.

Interpretation:

Align your Will with the Divine Will, however you see that. Then upon arising each morning, ask Source* what it is she wants you to do, where to go, what to say and to whom. Then do it!

*“God,” the Universe, however you wish to call this “higher” power.

[Return to TOC](#)

Tolerance

My Love, this word of your world is, you see,
quite unnecessary
where only Love is real,
where only Love can heal.

Interpretation:

Only Love is real. This is the Reality of our spiritual beingness. The goal is to be in this world (Duality) but not of it (stay connected to the Reality that we are all just spiritual beings moving through the Universe).

[Return to TOC](#)

Susceptible

My Love, society
will never allow you to see
the susceptibility
of your heart's vulnerability.

Interpretation:

If you wish to have spiritual experiences you
must allow your heart to be vulnerable. Society
feeds your EGO* and your EGO (aka Monkey Mind)
will do everything in its power to convince you to keep
your heart closed.

*EGO = Edging "God" Out

[Return to TOC](#)

Bliss

My Love, while in your state of bliss,
rest assured that you did not miss
society
nor its bigotry.

Interpretation:

As long as societies remain in a state of Duality
there will always be bigotry and divisiveness. It
is not your job to change society directly. It is
your job to connect with your Purpose and live
happily ever after in a state of Love (Bliss). When
enough people are doing *that*, Duality will vanish.

[Return to TOC](#)

Sanity

My Love, the sanity
of your vanity
will rest in infamy
alongside your EGO*s tyranny.
EGO = Edging “God” Out

Interpretation:

As long as you remain committed to listening
to your EGO true happiness and fulfillment
will elude you.

[Return to TOC](#)

Society

My Love, each and every society
will rest in infamy
until it embraces the sanctity
where I AM you and you are me.

Interpretation:

Societies will always suffer from Duality
until enough people choose Love over F.E.A.R.*

*False Evidence Appearing Real

[Return to TOC](#)

Solace

My Love, aware of the confusion
in this, your world's illusion,
brings a solace to your being
as you develop the Art of Seeing.

Interpretation:

Developing the “Art of Seeing” (being
aware of the presence of your angels)
begins the moment you become aware
of the illusion of this world (Duality).

[Return to TOC](#)

Gifts

My Love, the gifts you receive
will help you grieve
the loss of your identity
in the vast space of Infinity.

Interpretation:

When you begin choosing Love over F.E.A.R.*
the EGO** will not go easily. Just know that the
gifts you will receive along the Way will eventually
compensate for what you will lose in your world
of Duality.

*False Evidence Appearing Real

**EGO = Edging "God" Out

[Return to TOC](#)

Whispers

My Love, the whispers of Infinity
flow across Eternity
to each and every ear
waiting patiently for you to hear.

Interpretation:

Our angels are all around us. It is up to each
one of us to allow them to appear. Depending on
your state of vulnerability, they will appear as omens,
Light, sensations or in semi-physical form.

[Return to TOC](#)

Rejection

My Love, this feeling that hurts so much
is such
an integral part of Duality
and makes it very hard to see that I AM you and you are me.

Interpretation:

If you focus on all the hurt of this illusionary world of
Duality (F.E.A.R.*) you will find it very difficult to connect
with your angels.

*False Evidence Appearing Real

[Return to TOC](#)

Abuse

My Love, these heart-breaking acts born of Duality
will keep you adrift upon its sea
until you immerse yourself in Reality
where I AM you and you are me.

Interpretation:

Focusing on the heartache of Duality will forever
keep you from connecting with your angels. In
Reality only Love is real. Your Purpose is to
align your Will with “God’s” Will and choose Love
over F.E.A.R.*

*False Evidence Appearing Real

[Return to TOC](#)

Betrayal

My Love, this concept of Duality
blinds you to Reality
where I AM you and you are me,
sailing the 7 Seas of Eternity.

Interpretation:

Duality in all its illusionary disguises will
blind us all to the need to choose Love
over F.E.A.R.*

*False Evidence Appearing Real

[Return to TOC](#)

Happiness

My Love, this concept of Duality
requires sadness to be;
Allow Reality into your Life
and end this constant love affair with strife.

Interpretation:

Focusing on all of Duality's myriad disguises
will only result in sadness and despair.

[Return to TOC](#)

Joy

My Love, happiness is born of Duality,

joy of Reality;

Doncha see?*

Only Reality sets you free.

*Tribute to Henry Miller

Interpretation:

Where there is happiness there is sadness,

a classic example of Duality. Focus on

focusing on Love. That's where you will

find pure Joy (Love).

(Henry Miller was very aware and strived to

remain in a state of Joy).

[Return to TOC](#)

Stigma

My Love, only the chains of Duality
allow the concept of “stigma” to be
alive and well in the din and strife
of your mundane life.

Interpretation:

“Stigma” is one of the myriad disguises of
Duality. Break free of a life of “quiet desperation”
and choose Love over F.E.A.R.*

*False Evidence Appearing Real

[Return to TOC](#)

Frustration

My Love, “frustration” is, you see,
such an integral part of Duality;
Set yourself free
my dear, and come home to Reality.

Interpretation:

Choose Love over F.E.A.R.*

*False Evidence Appearing Real

[Return to TOC](#)

Heart

My Love, take any Path you may
and the Universe will say
to stay
on it if it has Heart and you know it's your Way.

Interpretation:

What quickens your pulse? What excites you to
get out of bed in the morning? Do that. That
is your Way, your "Road to Rome."

[Return to TOC](#)

Soul

My Love, your soul

is whole

even though

my Love you may not know.

Interpretation:

Your soul never changes. It is Eternal

and forever whole. Be vulnerable to your

angels (Love).

[Return to TOC](#)

Meet Joseph @jmmlove

Thank you for connecting with Maggie and Joseph. [You may find all their books by clicking here.](#)

[For free resources, inspiration and personally inscribed paperback books please visit here.](#)



JOSEPH HOLMES is an international bestselling author and speaker in the fields of self-development and spiritual growth. He has been called, “The Angel Whisperer” because of his close association with his foremost angel, Mary of Magdalena, as well as Mary of Galilee. It’s important to note that both Marys have always come to him free of any religious dogma or doctrine. Their predominant theme has always been that “only Love is real.” Thus Joseph’s moniker: jmmlove. The J stands for Joseph. One m for each Mary and “love” is for their message. Joseph often lovingly refers to both of them as “M&M.” Joseph has published over a dozen books, all containing the spiritual poetry (Love Notes) of Mary Magdalene, whom Joseph lovingly refers to as, “Maggie.”

Joseph has appeared on TV in Japan, Mexico and the United States. He has lived abroad in Japan, Panama, Thailand and Spain and has travelled through Central America, Mexico and France. He has participated in charitable events in Spain, Panama and the United States. He is a Viet Nam veteran, where he served in the Central Highlands of South Viet Nam, intercepting vital, highly classified communications between the Viet Cong and North Vietnamese Army units in the South and their command unit in the North. While there Joseph was once surrounded by a hostile crowd and barely escaped physically unscathed. Just days prior to leaving Viet Nam Joseph narrowly escaped a direct mortar hit. As a consequence he has suffered from PTSD and depression since his time in that war zone.

In 1974 Joseph was personally invited by Grandmaster Teruo Hayashi to study karate at the International Headquarters of Hayashi-ha Shito-ryu Karate-Do in Osaka, Japan, all expenses paid. In 2005 following the passing of his Sensei, Grandmaster Teruo Hayashi, Joseph founded Life Success Martial Arts and became the Grandmaster of Kenshin-kan Karate-Do, incorporating both the physical and philosophical aspects of the martial arts. His students participated in numerous charitable events, raising thousands of dollars for such organizations as Rady’s Children’s Hospital and the North County Women’s Resource Center for abused women and their offspring.

Born in Long Beach, California and raised principally in San Diego with short stints in Washington, DC and Everett, WA Joseph holds an undergraduate degree in anthropology from San Diego State University and a doctorate in Chiropractic from Life University as well as various alternative degrees. Due to an incredible stress overload over a number of years Joseph suffered a nervous breakdown and walked away from his chiropractic practice and began a journey of self-discovery and spiritual awareness. This journey has involved a week encased within a bubble of white light, six months within levels far beyond white light that Joseph has called “The Light Regions,” a vision of Mary of Galilee where he was bathed in streams of white and gold light, further visions of Mary of Galilee along with Mary of Magdalena. Just prior to this spiritual journey and being encased within the bubble of white light, a man saw a crucifix hovering above Joseph’s head. This was not a religious sign, but a sign foretelling a journey of inner transformation.

After publishing a string of best-selling books containing Mary Magdalene's spiritual poetry, Joseph was made aware that Maggie had been with him throughout his life time. His first encounter with Maggie occurred when he was 8 or 9 years old. Joseph's great, great uncle was Dr. Grady Gammage, the founder and first president of Arizona State University at Tempe. Joseph and his family would spend summers at his grandparent's home near Phoenix. One summer on their return trip Joseph's parents decided to visit Nogales, AZ. While lying in a motel bed he suddenly felt a wave of grace (Joseph's words now. At the time he didn't know what it was) flow through him. It felt wonderful and peaceful. Years later Maggie "told" him that it was she. It's important to note that no matter what happens to us spiritually, our EGOs will always cause us to have doubt. Maggie is continuously giving examples to Joseph to help him through these periods of doubt and skepticism. He is currently working on a book detailing all these events.

Joseph has affectionately been called "The Angel Whisperer." Despite a childhood where he endured physical, emotional and sexual abuse, he overcame many obstacles to make his dreams come true and is now helping others do the same with the help of his angels and the spiritual poetry of Mary Magdalene. Their main message is that "only Love is real," and that every person has the potential to live an exceptional life by choosing Love over F.E.A.R. (False Evident Appearing Real).

The great Persian poet Rumi once wrote that "the morning breeze has gifts to give you. Do not go back to sleep." And this is when Joseph does most of "his" writing. Maggie awakens him around 2am most mornings and her Love Notes flow from her through him onto the paper.

Joseph may be reached at joseph@lovenotesforyoursoul. He would love hearing from you. Please visit his website at: www.lovenotesforyoursoul.com and please follow him on Instagram @j.mm.love

[Return to TOC](#)